

## Arranging a Circumcision

Physicans often refer their patients to our clinic. However, your doctor does not need to make a referal for you. You can call our main booking line directly at

**02 8211 - 8888**

## About Dr. Sharier

Dr. Mohammad Sharier is a Fellow of the Royal Australian College of General Practitioners. He has more than ten years experience as a medical practitioner. Through his work in general practice Dr. Sharier developed an interest in Circumcision. He has undergone extensive training with Dr. Neil Pollock who is a foremost authority on this procedure and the pioneer of the Pollock Technique™ in North America.

Dr. Sharier provides the highest level of care while delivering surgical excellence exceeding most patient expectations.

Dr. Sharier is supported by a dedicated and highly qualified team who ensure the utmost comfort and superior care of the patient, in fully equipped procedure rooms at the Sefton Medical Center.

## Office

Sefton Medical Center  
9/151 Wellington Road,  
Sefton, NSW 2162



## Infant Circumcision

with the Pollock Technique™

*“A 30-second  
virtually  
painless  
circumcision  
technique”*

*Gentle Procedures Clinic*  
Circumcision

Dr. Mohammad Sharier, MBBS, FRACGP

Tel: 1300 523 935

02 8211 8888

Fax: 02 8211 8889

**[www.gentleprocedures.com.au](http://www.gentleprocedures.com.au)**  
**[drsharier@gentleprocedures.com.au](mailto:drsharier@gentleprocedures.com.au)**

## Why do parents choose to circumcise their sons?

- ♦ It reduces the risk of urinary tract infections in the first year of life from 1 in 100 to 1 in 1000.
- ♦ It reduces the risk of penile infection also called balanoposthitis.
- ♦ It eliminates the need to do it later in life when up to 6% of boys will require a circumcision because of various problems. (When it is done later in life it is a more costly and difficult procedure with higher risk requiring a general anesthetic and is more painful).

- ♦ Circumcision has been shown to reduce the risk of sexually transmitted diseases, including:

Human Papilloma Virus (HPV),  
reduced by 32%.

AIDS (HIV), reduced by 55%.

Herpes Simplex Virus Type 2 (HSV-2),  
reduced by 30%.

Among female partners of circumcised men, bacterial vaginosis was reduced by 40% and trichomonas vaginalis infection was reduced by 48%.

- ♦ Prevention of phimosis - a painful condition of the foreskin. Circumcised males do not get this condition.
- ♦ Easier genital hygiene.
- ♦ Circumcision has been shown to reduce the risk of penile cancer and cervical cancer in partners.
- ♦ Some studies also show that circumcised men have less risk of sexual dysfunction later in life.

## Why do parents choose not to circumcise their sons?

- ♦ They are concerned that they may be doing a procedure on an otherwise healthy baby that may cause pain or complications.
- ♦ They are unsure of the medical reasons to do a circumcision for their son.
- ♦ Like any other medical procedure, circumcision is not without risks, although complications are rare and usually minor. The complications may include bleeding, infection, improper healing, or cutting the foreskin too long or too short.

## Why are doctors recommending Gentle Procedures Clinic for their patients?

- ♦ Our procedure takes only 30 - 60 seconds (10 times quicker than most hospital circumcisions).
- ♦ We use extensive pain control methods including Panadol, sugar solution (which has been shown to reduce pain perceptions), soothing music, topical freezing cream, padded baby holders, and local anesthetic injection.
- ♦ We have extremely low complication rates.
- ♦ There are no hospital administration fees charged.

For more information, including a video of our procedure, please consult our web site.

## The Process

All the following steps are taken to insure your son has minimal discomfort during the procedure.

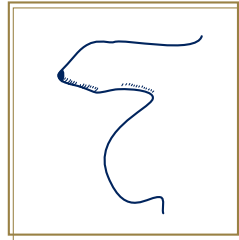
Your son is given Panadol according to his age and weight at home 1/2 hr before the procedure. Then in our clinic he will have a topical anesthetic cream applied that numbs the penile skin. Next he is given an injection called a dorsal penile ring block into the soft tissue alongside the penis. The anesthetic cream has numbed the skin already so the injection is of little bother to him at this point. After 10 minutes the penis is “frozen” and the circumcision is performed. During the circumcision, your son will receive sugar pacifiers to suck on, which will reduce his pain perceptions. The circumcision takes only 30 to 60 seconds with the Pollock Technique™, although the preparation describes above requires you to be with him for one hour in our clinic. Also during this hour all of the post procedure care will be reviewed carefully with you. For your additional peace of mind an after care instruction manual will be given to you to take home, as well.

Every family is called by our office after surgery to ensure that mom and baby are comfortable.

*Gentle Procedures Clinic*

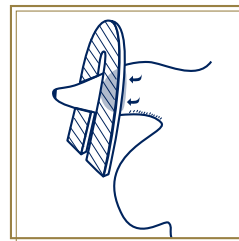
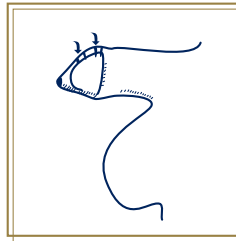
[www.gentleprocedures.com.au](http://www.gentleprocedures.com.au)  
[drsharier@gentleprocedures.com.au](mailto:drsharier@gentleprocedures.com.au)

## Anatomy of the Circumcision



The uncircumcised penis with the foreskin covering the glans (head of the penis). This is how it would appear, looking on from the side.

The same penis as in Figure 1 but drawn as if the foreskin was transparent. Here, you can see the foreskin in relation to the glans. Notice the adhesions [↕] between the inner side of the foreskin and the glans. These are present at birth in almost all babies and must be released before the actual circumcision.



This shows the foreskin stretched forward and through the central slit of a Mogen. Notice the outline of the glans [shaded, ←] safely behind the Mogen. The cut is made along the front surface of the Mogen.

The same penis following circumcision. Notice that the cut edge of the skin retracts to just behind the back rim of the glans [←]. This is the site of healing.



## Frequently Asked Questions

- Q: How long does it take for the circumcision to heal completely?
- A: It should heal completely in about four to seven days.
- Q: What is the ideal age to do a circumcision?
- A: **The best time is between 5-12 days of age, although circumcisions at any age are performed at Gentle Procedures Clinic.** Families should try their best to have it done as close to the 5 -12 day mark as possible because babies are less aware at this age.
- Q: What complications are possible from circumcision?
- A: Complications are rare. Occasionally there can be bleeding from the circumcision many hours after the procedure. This is treated by putting some pressure with a gauze on the penis for 3 minutes to close the oozing blood vessel. (This will be demonstrated to you by our staff). Very rarely, more serious bleeding can occur which may require a visit to the hospital. Infection is also a possible complication. It is extremely rare and can be associated with redness and pus and a foul smell from the circumcision. It is treated by putting polysporin 5 times a day on the penis which usually resolves any infection within 1-2 days.
- Q: Are more serious complications possible?
- A: Yes, they are possible, however, to date, there have never been any serious complications at our offices.
- Q: Will it hurt my baby?
- A: Many babies can sleep right through the entire procedure. We find that most babies will experience little or no pain at all.
- Q: What can I expect my baby to be like after the circumcision?
- A: It is not unusual for a baby to sleep for 6-8 hours after the procedure and to miss a feeding. Some babies will be irritable for a number of minutes to hours afterwards. Behaviourally most babies are back to themselves by the next day or two.

For all the most up-to-date medical studies, see [www.medicirc.org](http://www.medicirc.org)

## Methods of circumcision used by other doctors include

- 1) The Gomco Clamp — This is the most common technique used by physicians. It requires much longer to perform and involves much more tissue handling.
- 2) The Plastibell — with this technique the baby must go home with a small plastic device tied on to his penis that allows the foreskin to desiccate over subsequent days. This is also a more lengthy procedure to perform by the physician.

## Do all doctors use the same anesthetic method?

No - doctors have different beliefs and practices regarding anesthetic use.

Dr. Sharier performs circumcisions using the Pollock Technique, developed by Dr. Neil Pollock and performed safely on thousands of patients every year.

For information on No-Scalpel No-Needle Vasectomy, please visit our website

[www.gentleprocedures.com.au](http://www.gentleprocedures.com.au)